

## Think & Grow You:

How to Get Out of Your Own Way and Level up Your Life

Resources

By: Chris Felton

How to Stop Worrying and Start Living by Dale Carnegie

Feel the Fear and Do it Anyway by Susan Jeffers, Ph.D.

What to Say When You Talk to Yourself by Shad Helmstetter

The Book of Est by Luke Rhinehart

High-Performance Habits by Brendon Burchard

The 177 Mental Toughness Secrets of the World Class by Steve Siebold

Too Young to Be Old, Love, Learn, Work and Play as you Age by Nancy K Schlossberg, Ed.D.

Loving What Is by Byron Katie

Byron Katie's "Judge Your Neighbor" Worksheet.

https://thework.com



Bob Proctor YouTube Video: Overcoming the Terror Barrier

https://www.youtube.com/watch?v=P1LD9eGjQKM



Tappingsolution app.

https://bit.ly/TappingAppLink



Untethered Soul: The Journey Beyond Yourself by Michael Sinclair

Quantum Success by Sandra Anne Taylor

The Think & Grow Rich Action Pack by Napoleon Hill

The Ultimate Secrets of Total Self-Confidence by Dr. Robert Anthony

Convergence Seminars <u>www.convergenceseminars.com</u>



The Law of Attraction Made Simple by Jonathan Manske

*Around the Year* by Emmet Fox

The Five Second Rule by Mel Robbins

I Am Enough YouTube video by Marissa Peer



Winstreak app.

Power Prosperity Podcast by Randy Gage



Psi Seminars <u>www.psiseminars.com</u>



The Sedona Method by Hale Dwoskin

Breaking the Habit of Being Yourself by Dr. Joe Dispenza

Defeating Approval Addiction Through Mental Toughness Training, www.mtuec.com



Teach Only Love by Dr. Gerald Jampolsky

Faith by Dr. Joe Vitale

The Path to Liberty by Thomas Willhite, Founder of Psi Seminars

AwesomeMarriage.com by Dr. Kim Kimberling



Positive Intelligence by Shirzad Chamine

Ego is the Enemy by Ryan Holiday

www.centerpointe.com Holosync Meditation



www.learningstrategies.com, Paraliminals



Positive Intelligence by Shirzad Chamine

www.positiveintelligence.com



*Infinite Possibilities* by Mike Dooley

The Four Agreements by Don Miguel Ruiz

**Prosperity** by Charles Fillmore

The Power of Intention by Dr. Wayne Dyer

Three Feet from Gold by Sharon L. Lechter & Dr. Greg S. Reid

https://amzn.to/3Bru8gt Planner Pad 2023



One Small Step Can Change Your Life: The Kaizen Way by Dr. Robert Mauer

You Squared by Price Pritchett

Spiritual Economics by Eric Butterworth

The One Minute Millionaire by Mark Victor Hansen

The Miracle Morning: The Not-so-obvious Secret Guaranteed to Transform your Life Before 8am

by Hal Elrod

International Personal Develop Association

https://bit.ly/lpdarFelton



Your Money or Your Life by Vicki Robin

Secrets of a Millionaire Mind by T. Harv Eker

Couples Money by Marlow & Chris Felton

www.couplesmoney.com



The 12-week year, by Brian Moran

The Magic of Thinking Big by David J. Schwartz, PH.D.

The Feeling is the Secret by Neville Goddard

You Can Heal Your Life by Louise Hay

You Were Born Rich by Bob Proctor.

How Rich People Think by Steve Siebold

The Happiness Advantage by Shawn Achor

The Ed Mylett Podcast



The Real AF Podcast



**Chris Felton** 

Matthew 6:33